Declaration of Financial Interests or Relationships



Speaker Name: Lucio Frydman

I have no financial interests or relationships to disclose with regard to the subject matter of this presentation.

In vivo metabolic profiling of brain rodent models by relaxation-enhanced MRS of the downfield 1H region at 21.1T

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24rd Annual ISMRM Meeting - Singapore, May 2016



MRS: still challenging! Downfield MRS? Non-water-suppressed MRS techniques

MRS: A most versatile tool for studying metabolites. But...



In vivo ¹ H NMR spectrum of the rat brain measured with TE=1.0 ms. I Tkac et al. Magn Reson Med. 41:649-656 (1999)

- Low metabolite concentrations
- Short T_2 s and J-coupling multiplicities
- Spectral overlapping among peaks of chemically similar metabolites (GABA/Glu/Gln)
- Problems with water suppression ($C_{H_2O} = 40 \text{ M}$)
- Long recycle delays leading to slow experiments

Relaxation- Enhancement MRS In vivo MRS study Conclusions MRS: still challenging! Downfield MRS? Non-water-suppressed MRS techniques

Peaks resonating downfield from water?

Few studies report downfield resonances

- SNR is low
- Peaks are broad
- Strong macromolecular baseline

Exchangeable protons

Water saturation can dramatically reduce the intensity of downfield resonances!



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Existing in vivo MRS techniques

Water-suppressing MRS techniques

- WATERGATE
- CHESS
- VAPOR

Spectrally selective excitation

- Shaped RF pulses¹
- Relaxation Enhancement²



Localized NMR spectra obtained from rat cerebral cortex in vivo employing (A) variable pulse power and optimized relaxation delays (VAPOR) and (B) no water suppression. RA de Graaf & KL Behar. NMR Biomed. 27:802-809 (2014)

¹RA de Graaf & KL Behar. NMR Biomed 27 (2014)
²N Shemesh, J-N Dumez & L Frydman. Chemistry 19 (2013)

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Water-suppressing MRS techniques WATERGATE CHESS VAPOR Spectrally selective excitation Shaped RF pulses¹ Relaxation Enhancement²

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Ultrahigh fields Sequence implementation

Relaxation Enhanced (RE) MRS at ultrahigh fields



Why is UHF RE-MRS perform so good?

- T₁ of water increases with B₀ field while T₂ decreases
- T₁ and T₂ of metabolites are, respectively, shorter and longer than water counterparts. And less dependent on B₀ field
- Less chemical exchange and saturation transfer effects

Ultrahigh fields Sequence implementation

Downfield MRS: sequence implementation at 21.1 T

21.1 T UWB vertical magnet (NHMFL)

- Bruker Avance III and Paravison 5.1
- Homebuilt ¹H surface quadrature coil
- 64-mm 0.6 T/m, triple axis gradients

Spectrally selective excitation

- Excite & refocus the 5.5-9.5ppm range
- 5.55-ms 10-lobe-sinc shaped pulse
- 4-ms 180° SLR³ pulse

³Shinnar LeRoux algorithm

[‡]Localization by Adiabatic Spin-Echo Refocusing

T. Roussel, J.T. Rosenberg, S.C. Grant and L. Frydman



Spatial localization

- 3D LASER⁴ scheme
- Six 5-ms adiabatic 180° pulses
- 0.3-ms gradient crushers

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Animal models Quantification Results: ischemic animals Results: glioma animals

Animal preparation



normal brain tissue

stroke

glioma

5 mm



Middle cerebral artery occlusion⁵

- N=7 juvenile male Sprague-Dawley rats
- MCAO mimicking ischemic stroke
- $\bullet~1.5$ hr occlusion, re-perfusion, and MRI/S experiments 24 h later

Glioblastoma animal model

- 9L Glioma rat cells cultured using standard cell growth methods
- 100,000 cells injected 3.5 mm deep in N=5 male Sprague-Dawley rats
- Animals were scanned 7 and 11 days after injection

<u>All animal</u> experiments were approved by the FSU ACUC.

 $^5\mathsf{EZ}$ Longa et al. Stroke 20 (1989); K Uluç et al. J Vis Exp 48 (2011)

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Data Quantification



Quantification algorithm

- Home-made software in Matlab⁶
- Based on the GAMMA library⁷
- Prior-knowledge: spectral signatures of ATP, Gln, GSH, NAA, ...
- Baseline modeled using Gaussians
- Absolute concentrations assuming a 5 mmol/L creatine in normal tissue⁸

⁶T Roussel, S Cavassila & H Ratiney. ISMRM-ESMRMB (2010)
⁷SA Smith et al. JMR(A) 106 (1994)
⁸RA de Graaf. In Vivo NMR Spectroscopy: Principles and Techniques (2007)

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Ischemic brain tissue metabolic profile



Animal models Quantification Results: ischemic animals Results: glioma animals

Ischemic brain tissue metabolic profile



- 50 % average decrease for Cho, Cre, NAA and 20 % decrease for ATP, Gln
 Cell death and increased edema
- 25 % increase for GSH in ischemic tissue
 - Neuroprotective measure against oxidative stress

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• 20 % average decrease for ATP, Cho, GSH

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• 30 % increase for Cho: glioma tumor growth

• Glioma tumor growth

T. Roussel, J.T. Rosenberg, S.C. Grant and L. Frydman In vivo metabolic profiling by relaxation-enhanced MRS

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Glioma brain tissue metabolic profile



• 45 % increase for a 5.9 ppm resonance tentatively assigned to UDP-NAc

 UDP-NAcGal and UDP-NAcGlc were previously detected in rat glioblastoma cells extract⁹ and intact human brain tumor cells¹⁰

 $^{9}\mathrm{X}$ Pan et al. J Proteome Res 10 (2011) $^{10}\mathrm{S}$ Grande et al. NMR Biomed 24 (2011)

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Conclusion

• 21.1 T

• High sensitivity and large frequency dispersion allowing efficient spectral selection

• Relaxation Enhanced MRS

• Increased SNR, especially for resonances originating from exchangeable protons

- First ultrahigh-field quantitative study of the downfield spectral region
 In vivo quantification of UDP-NAc, a potential biomarker for gliomas
- Additional information to identify and quantify in vivo metabolic signatures
- Potential to provide a unique fingerprint of metabolism in pathology

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Acknowledgment



National MAGLAB

User time available at www.nationalmaglab.org

Thanks to...

- Noam Shemesh
- Jean-Nicolas Dumez
- Fabian Calixto Bejarano

Jose Muniz

Funding provided by: The Florida State and National Magnet lab (NSF DMR-1157490), Visiting Scientist grant from the National Magnet Lab, Kimmel Institute (Weizmann), Kamin-Yeda Grant Israel, American Heart Association, Israel Science Foundation Grant 795/13, ERCPoC Grant #633888, Kimmel Institute for Magnetic Resonance (Weizmann Institute)

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