

## Cramé-Rao Lower Bounds

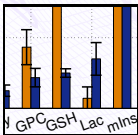
## Definition

A Cramé-Rao Lower Bound (CRB) is the lower bound on the variance of estimators of a deterministic parameter. In other words, CRB represents the lowest estimation error of a parameter in the case of an unbiased estimator.

## Bounds Calculation

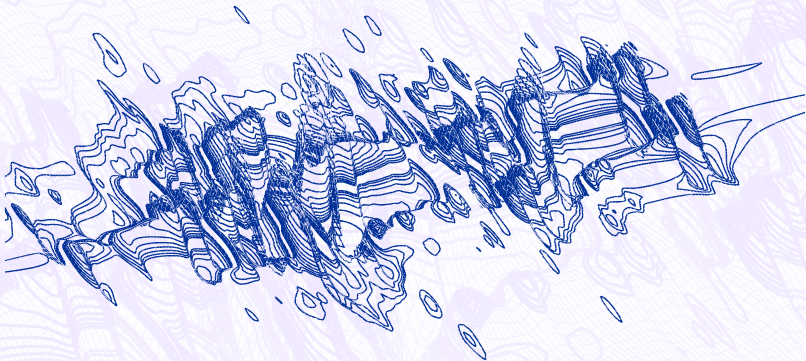
In theory, CRB are calculated from the "true" parameters values of the signal  $c_m$ ,  $T_{2m}$ ,  $\Delta\alpha_m$ ,  $\Delta\omega_m$  and  $\phi_0$ . NEMESIS determine CRB from the estimated values of parameters by :

- Building the Fisher Information Matrix (FIM) knowing the second derivative matrix of the model function  $\hat{x}(n_{t_2}, n_{t_1})$
- Inverting the (FIM)
- Extracting the diagonal values



## Error bars

In order to calculate the estimation errors, CRB values should be normalised knowing the noise level of the signal.



# Development of new acquisition strategies and quantification methods for *in vivo* 2D Magnetic Resonance Spectroscopy

PhD candidate : Tangi ROUSSEL

11<sup>th</sup> of July 2012

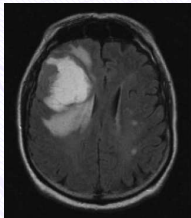
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**Serge AKOKA** *Professeur des Universités, Université de Nantes*  
**Thomas LANGE** *PhD, University Medical Center Freiburg, Allemagne*

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  - Understanding a MRS signal
  - 1D MRS : Limitations
  - In vivo 2D MRS
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  - NEMESIS quantification procedure
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**Fig. 1:** 1.5 T Fast Spin Echo  $T_2$ -weighted image from the brain of a patient suffering with glioma

## Magnetic Resonance Imaging

Magnetic Resonance Imaging (MRI) is a medical imaging technique used in radiology to visualize internal structures of the body. MRI makes use of the property of NMR to image hydrogen nuclei (protons) inside the body tissue.

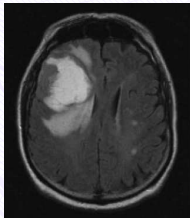


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## Magnetic Resonance Imaging

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## Magnetic Resonance Spectroscopy

Magnetic Resonance Spectroscopy (MRS) allows **non-invasive** and *in vivo* exploration of the molecular composition of tissue. It identifies certain **molecular constituents - metabolites - involved in physiological or pathological processes.**

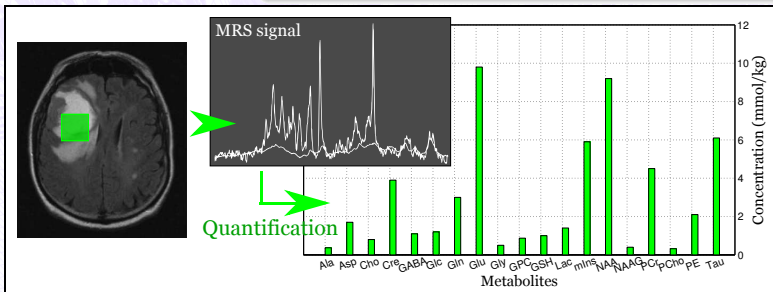
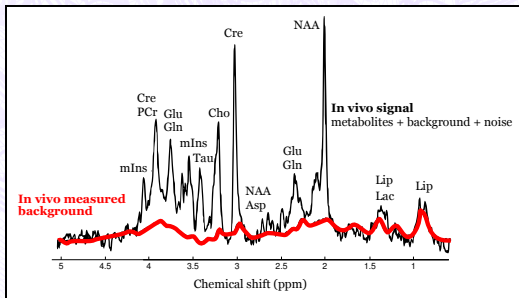


Fig. 2: Principle of quantitative MRS of human brain using a PRESS sequence

## Interpreting an *in vivo* NMR spectrum

- 12 detectable metabolites at 4.7 T for short echo time
- **Linear combination of metabolic spectral signatures**
- **Baseline** (macromolecular contamination)
- **Noise**



**Fig. 3:** *In vivo* MR spectrum acquired from a rat brain at 7 T (PRESS sequence,  $TE=20$  ms, 10 min scan time)



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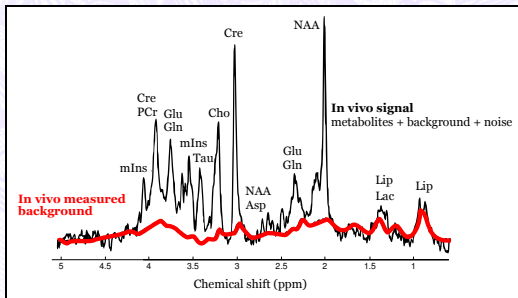


Fig. 3: *In vivo* MR spectrum acquired from a rat brain at 7 T (PRESS sequence,  $TE=20$  ms, 10 min scan time)

## Metabolic signature

Each metabolite has a spectral signature characterised by :

- **Chemical shifts** (ppm)
- **J-coupling constants** (Hz)
- **Concentration** (mmol/kg)

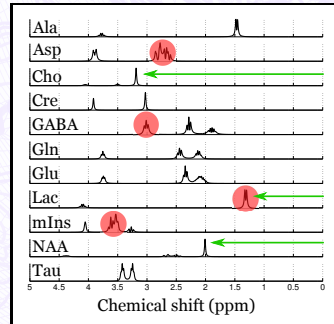


Fig. 4: Metabolic spectral signatures

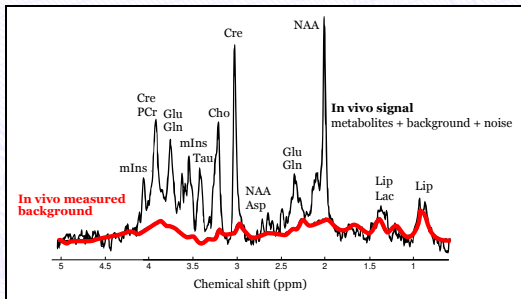


Fig. 5: *In vivo* NMR spectrum acquired from a rat brain at 7 T

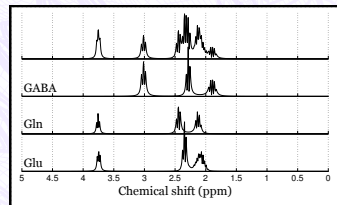


Fig. 6: Spectral overlapping between the metabolites

## Limitations

1D MRS used with low  $B_0$  fields suffers with :

- **Spectral overlapping** between metabolites (Glu/Gln)
- **Spectral overlapping** between metabolites and macromolecules (baseline)
- Low concentrated metabolites (GABA)

## Conventional localised 2D J-resolved Magnetic Resonance Spectroscopy

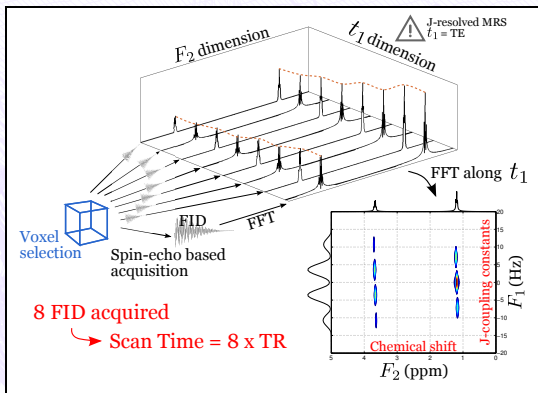


Fig. 7: Understanding conventional 2D J-resolved MRS

A conventional localised 2D J-resolved MRS experiment consists in :

- performing numerous acquisitions of FIDs for **various Echo Times**
- **Fourier transforming** each FID to obtain  $F_2$  dimension
- **Fourier transforming** the data set following the  $t_1$  dimension

## Conventional localised 2D J-resolved Magnetic Resonance Spectroscopy

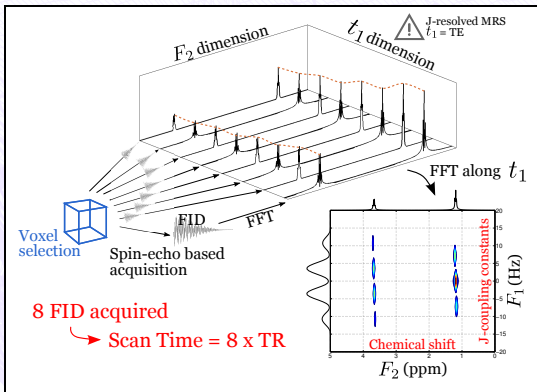


Fig. 8: Understanding conventional 2D J-resolved MRS

## Pros/Cons

- ⊕ Information following  $F_1$  dimension : J-coupling constant
- ⊖ Acquisition duration depends on the number of increments in Echo Time ( $n_{t1}$ ) resulting in expensive scan time (up to 1h30)

## *In vivo* 2D MRS since 1995

- More and more studies on human brain<sup>1</sup>
- **Few studies on small animal** consisting mainly in metabolite identification<sup>2</sup>

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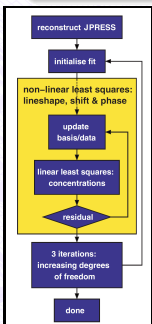


Fig. 9: ProFit algorithm

## Few studies on quantitative 2D MRS

- One quantification algorithm dedicated to human brain 2D MRS at 3 T : ProFit<sup>3</sup> based on 1D quantification methods LCMoDel<sup>4</sup> & VARPRO<sup>5</sup>
- **No quantification algorithm for small animal brain 2D MRS**

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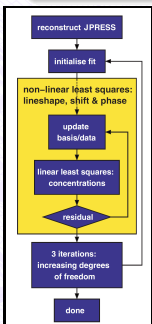


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## Very few studies on acquisition time reduction of *in vivo* 2D MRS experiment

- **Few studies on reducing scan time** of 2D J-resolved MR spectroscopic imaging<sup>6</sup>
- In 2002, L. Frydman introduces "ultrafast spectroscopy"<sup>7</sup> for high resolution spectroscopy, a new technique allowing the acquisition of 2D MRS spectra in very short time.

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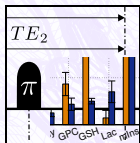
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This PhD thesis work on 2D MRS can be presented under two main headings :

### Quantitative 2D MRS for small animal brain

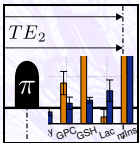
- Design a 2D MRS sequence on a 4.7 and a 7 T *Bruker Biospec* imaging systems
- Perform *in vivo* 2D MRS localised acquisitions on rat brain
- Develop a dedicated quantification algorithm to estimate metabolite concentrations from the acquired data



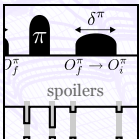


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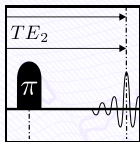
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### Acquisition time reduction of 2D MRS experiment

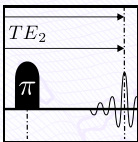
- Design an ultrafast localised 2D MRS sequence on a 4.7 and a 7 T *Bruker Biospec* imaging systems
- Optimise and validating the sequence on *in vitro* phantoms

## Quantitative conventional 2D MRS



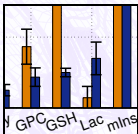
## Design a 2D MRS sequence on small imaging systems

- 2D MRS J-resolved spectroscopy sequence
- Irregular data sampling following  $t_1$  dimension
- Inversion-recovery excitation to acquire 2D baseline



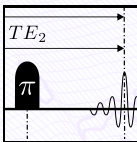
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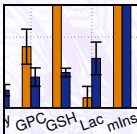
### Develop a dedicated quantification algorithm

- Complex time domain quantification & strong prior-knowledge
- Irregular data sampling handling



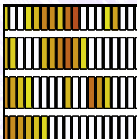
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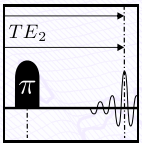
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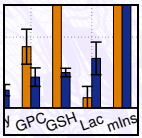
### Develop an algorithm to optimise $t_1$ sampling

- Based on Cramér-Rao theory
- Calculation of optimised sampling following  $t_1$  dimension in order to increase quantification accuracy



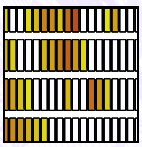
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**Validate the methods on small animal**

- *In vivo* acquisition performed on a 4.7 and a 7 T Bruker Biospec imaging systems
- Localised MRS experiments on mouse and rat brain

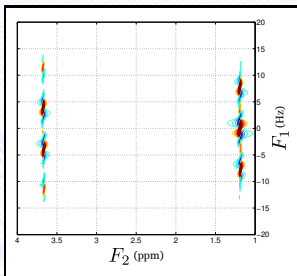


Fig. 10: Simulated 2D J-resolved MR spectrum of ethanol

## 2D J-resolved MRS

- ⊕ **Short acquisition time** (in comparison with COSY MRS) due to the small bandwidth required following  $F_1$  dimension
- ⊕ **Easy to implement on an MRI** since the pulse sequence is close to PRESS scheme

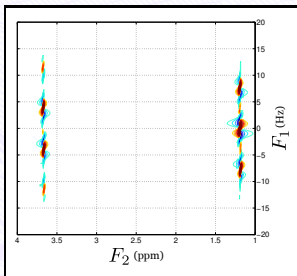


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## 2D J-PRESS WISH<sup>8</sup> sequence : Preparation period

- **Water suppression scheme** (VAPOR module) to reduce water signal
- **Saturation bands** (OVS module) to reduce outer volume signal artefacts
- **Inversion pulse** (InvPulse module) to perform inversion-recovery excitation

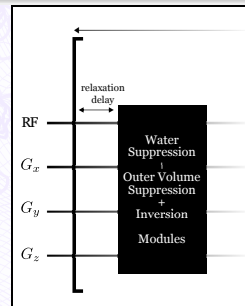


Fig. 11: 2D J-PRESS WISH preparation

<sup>8</sup>2D J-Resolved Point Resolved Spectroscopy with Weighted Irregular Sampling Handling



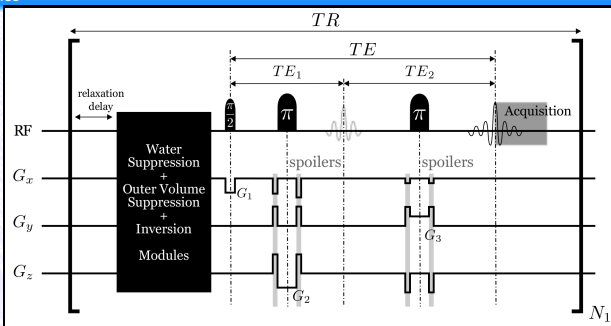


Fig. 12: 2D J-PRESS WISH<sup>9</sup> sequence

### Excitation & Detection

- Strongly based on **PRESS excitation scheme**
- $TE$  calculation mode can be chosen in order to profit from  $TE_1/TE_2$

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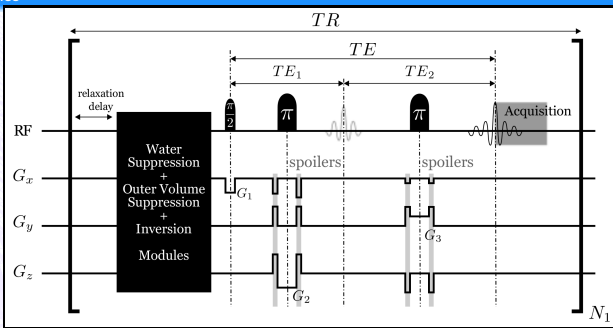


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### Excitation & Detection

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### Original functionalities

- Regular or **irregular sampling following  $t_1$  dimension**
- **NA weighting** of the increments acquired following  $t_1$  dimension

<sup>9</sup>2D J-Resolved Point Resolved Spectroscopy with Weighted Irregular Sampling Handling

## 2D J-PRESS WISH experiment

- Performed on a horizontal 7T *Bruker Biospec* MRI
- A 5-month-old rat was anaesthetised by inhalation of isoflurane
- Volume coil for emission and surface receive coil
- The signal was collected from a  $64 \mu\text{L}$  voxel
- 1<sup>st</sup> and 2<sup>nd</sup> order local shim adjustment
- $TE=20$  to  $140$  ms,  $N_1=24$ ,  $TR=2.5$  s,  $NA=96$  (1h 36min acquisition time)

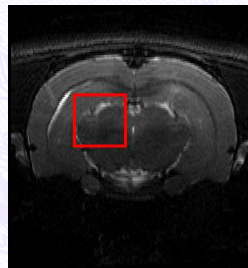


Fig. 13: Axial slice image of a rat brain (RARE,  $TE/TR=15/5166\text{ms}$ )

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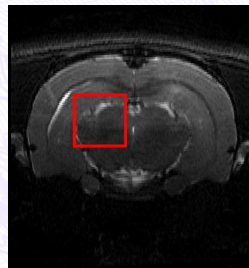


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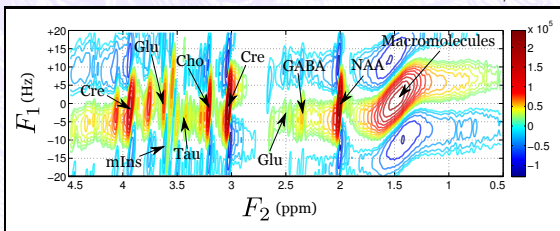


Fig. 14: In vivo MRS 2D J-resolved spectrum acquired in a rat brain with the 2D J-PRESS WISH sequence

## NEMESIS<sup>10</sup> properties

- **2D complex time-domain model function** consisting in a linear combination of metabolite signals
- **Strong prior-knowledge** consisting of a set of 2D metabolite signals simulated with GAMMA<sup>11</sup>
- **Macromolecular contamination** is handled by gaussian modelisation of *in vivo* acquisitions
- Levenberg-Marquardt optimisation algorithm

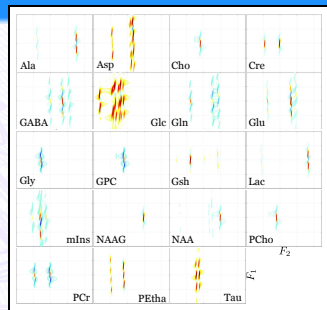


Fig. 15: Set of 19 2D metabolite signals

<sup>10</sup>Numeric Estimation Method for 2D Spectroscopy Irregularly Sampled data

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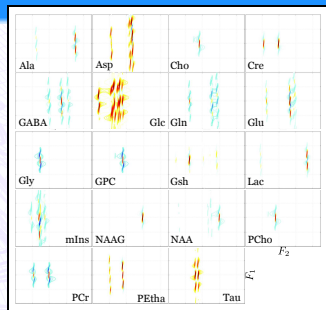


Fig. 15: Set of 19 2D metabolite signals

$$\hat{x}(t_2, t_1) = \exp(i \cdot \phi_0) \sum_{m=1}^M c_m \cdot \hat{x}(t_2, t_1)^m \cdot \exp \left[ \left( -\frac{t_1}{T_{2m}} \right) + (\Delta\alpha_m + i \cdot \Delta\omega_m) \cdot t_2 \right]$$

- $c_m$  : Amplitude/concentration of the metabolite signal  $\hat{x}(t_2, t_1)^m$
- $T_{2m}$  : Transverse relaxation time [s]
- $\Delta\alpha_m = \frac{1}{T_{2m}^*}$  : Extra damping factor [Hz]
- $\Delta\omega_m$  : Frequency shift [Hz]
- $\phi_0$  : Global zero-order phase [rad]

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$$C = \sum_{n_{t_2}=0}^{n_{t_2}=N_2} \sum_{n_{t_1}=0}^{n_{t_1}=N_1} [x(n_{t_2}, n_{t_1}) - \hat{x}(n_{t_2}, n_{t_1})]^2$$

- $x(n_{t_2}, n_{t_1})$  : data signal
- $\hat{x}(n_{t_2}, n_{t_1})$  : model signal

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### Optimisation

- 19 metabolites<sup>12</sup> + macromolecular contamination = up to 40 parameters !
- **Possible optimisation problems such as local minima**

<sup>12</sup>Asp, Ala, Cho, Cre, GABA, Glc, Gln, Glu, Gly, GPC, Gsh, Lac, m-Ins, NAA, NAAG, PCr, PCho, PE, Tau



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- $\hat{x}(n_{t_2}, n_{t_1})$  : model signal

### Optimisation

- 19 metabolites<sup>12</sup> + macromolecular contamination = up to 40 parameters !
- **Possible optimisation problems such as local minima**

### Quantification strategy

- 4-stage quantification (total calculation time = 3 min)
- **Gradual increase of the number of estimated parameters** to reduce optimisation problems

<sup>12</sup>Asp, Ala, Cho, Cre, GABA, Glc, Gln, Glu, Gly, GPC, Gsh, Lac, m-Ins, NAA, NAAG, PCr, PCho, PE, Tau

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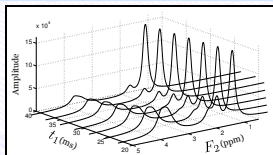
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### Multistart Optimisation

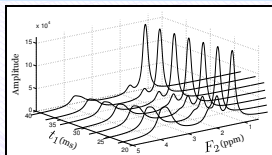
- For each quantification stage, multiple gaussian random starting values are initialised around the values evaluated at the last stage in order to **reduce optimisation problems related to initial parameters value**
- The estimated parameters are kept for a minimal fit residue

<sup>12</sup>Asp, Ala, Cho, Cre, GABA, Glc, Gln, Glu, Gly, GPC, Gsh, Lac, m-Ins, NAA, NAAG, PCr, PCho, PE, Tau



## 1. Base line estimation

- Quantification of inversion-recovery 2D MRS data
- Linear combination of 20 gaussian components
- Integration in NEMESIS prior-knowledge

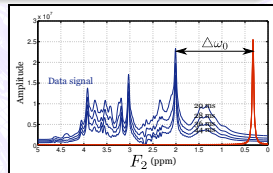


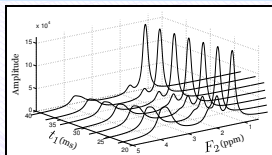
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## 2. Global frequency shift estimation

- Maximum peak detection of singlets : Cho, Cre, NAA
- The parameter  $\Delta\omega_m$  is initialised for all metabolites



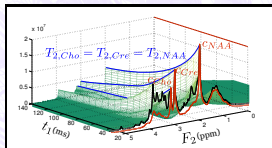
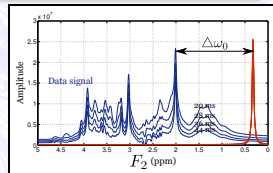


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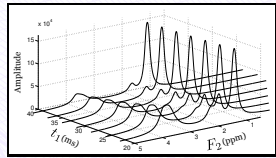
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## 3. Singlets estimation

- $c_m$  parameter is estimated for Cho, Cre et NAA
- Global estimation of the parameters  $T_{2m}$ ,  $\Delta\alpha_m$ ,  $\Delta\omega_m$  and  $\phi_0$

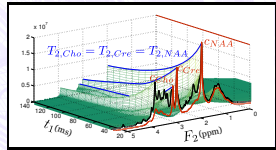
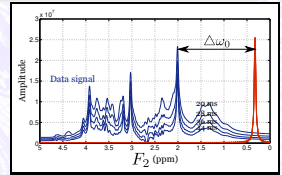


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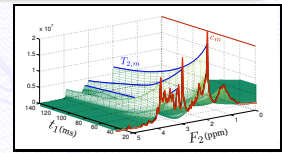


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### 4. Global estimation

- Parameters  $c_m$ ,  $T_{2m}$ ,  $\Delta\alpha_m$  and  $\Delta\omega_m$  are estimated for each metabolite
- Global estimation of the phase parameter  $\phi_0$



## Quantification strategy vs. Single quantification : study on simulated data

- A 2D simulated 7T MRS signal was generated with **typical in vivo parameter values and macromolecular contamination**
- 100 repetitions of the quantification procedure were performed for the above simulated data added to Gaussian noise
- Quantification was performed **with and without the quantification strategy**
- Biases and standard deviations were computed for the amplitude estimates

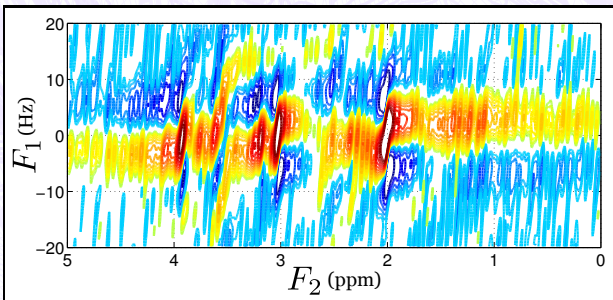


Fig. 16: Frequency representation of a simulated 2D J-resolved MR spectrum for  $B_0=7$  T

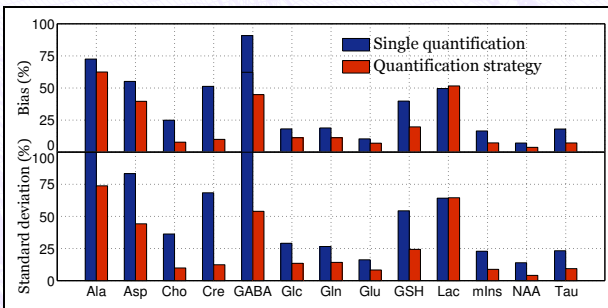


Fig. 17: Bias and standard deviations calculated of the amplitude estimates

## Results

- **Global reduction of standard deviation** when using the quantification strategy
- Slight reduction for Ala and Lac whose spectral signatures are strongly overlapped with macromolecular contamination



## CRISO<sup>13</sup> algorithm

- Strongly relies on **Cramér-Rao Lower Bounds (CRB)** : lowest estimation error of a parameter in the case of an unbiased estimator
- Calculates optimised sampling following  $t_1$  dimension for each metabolite in order to minimize CRB
- Calculates a rank for each  $t_1$  increments according to the CRB reduction induced

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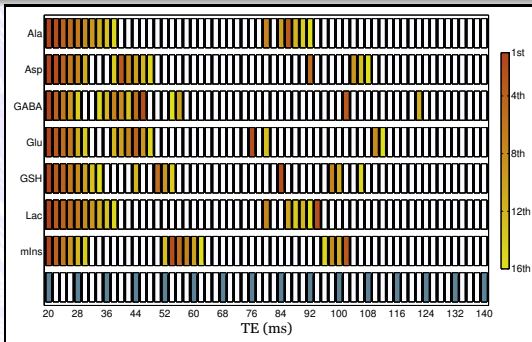


Fig. 18: Graphical representation of optimised sampling calculated with CRISO for 7 coupled metabolites

## Sampling optimisation on simulated data

- 200 repetitions of the quantification procedure
- 4 sampling strategies were tested : 3 optimised samplings (Ala, Asp & GABA) and a regular sampling

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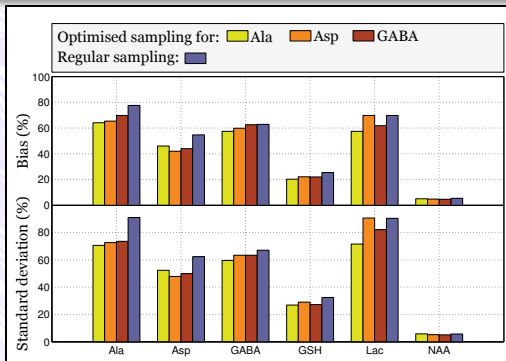


Fig. 19: Bias and standard deviations calculated of the amplitude estimates

## Results

- **Global reduction of standard deviation** when using an optimised sampling
- Slight reduction of standard deviation for NAA which is not a strongly coupled

## 2D J-PRESS WISH experiment

- Performed on a horizontal 7T *Bruker Biospec* MRI
- A swiss mouse model anesthetised by inhalation of isoflurane
- Volume coil for emission and surface receive coil
- The signal was collected from a 90  $\mu\text{L}$  voxel
- $TR=3$  s,  $NA=128$ ,  $TE$  sampling was set up in order to cover the 4 previous tested strategies.

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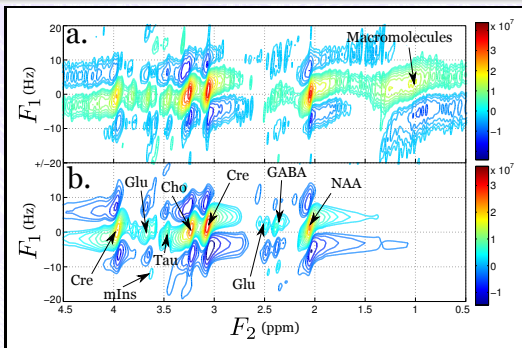


Fig. 20: A 7T *in vivo* 2D J-PRESS spectrum (a) and its estimated spectrum (b)

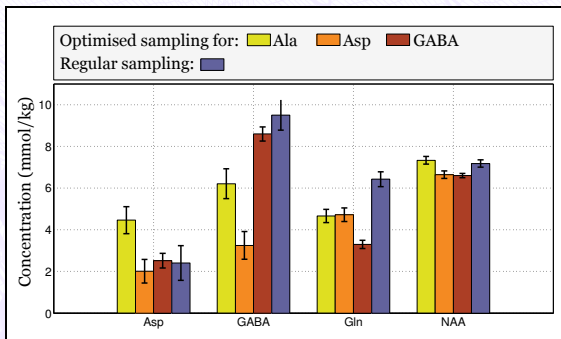
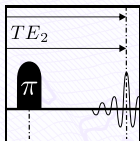


Fig. 21: *In vivo* quantification results : metabolite concentration estimates with CRB error bars

## Results

- **Concentration estimates in agreement with literature** were found using the Asp dedicated optimised sampling
- In agreement with previous results, quantification results for NAA are independent of the sampling following  $t_1$  dimension



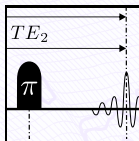
## 2D J-PRESS WISH

A new localised 2D MRS sequence handling irregular sampling and inversion-recovery excitation was designed

<sup>14</sup>Roussel T et al, ESMRMB Antalya, 119, 2009

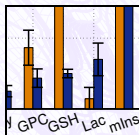
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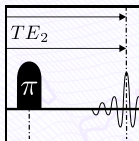


## NEMESIS<sup>14</sup>

A novel complex time domain quantification procedure relying on strong prior-knowledge was developed

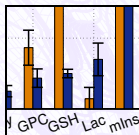
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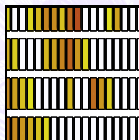
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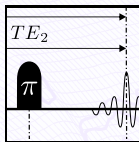


## CRISO<sup>15</sup>

An algorithm dedicated to sampling optimisation for 2D J-resolved MRS was developed

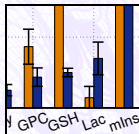
<sup>14</sup>Roussel T et al, ESMRMB Antalya, 119, 2009

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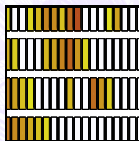
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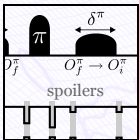
## Limitations

The CRISO method, despite promising results, has a limited interest for the reduction of 2D MRS experiment acquisition time for *in vivo* application.

<sup>14</sup>Roussel T et al, ESMRMB Antalya, 119, 2009

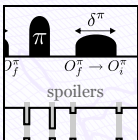
<sup>15</sup>Roussel T et al, ISMRM-ESMRMB Stockholm, 904, 2010

## Ultrafast 2D MRS



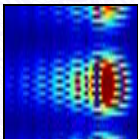
## Design an ultrafast 2D MRS sequence on small imaging systems

- 2D MRS J-resolved spectroscopy sequence
- Spatial localisation of the ultrafast signal



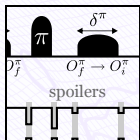
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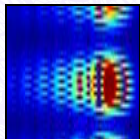
### Develop a post-processing procedures

- 2D MRS spectrum reconstruction from raw data
- Spectrum quality enhancement using spatial apodisation



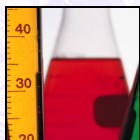
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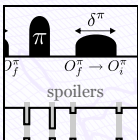
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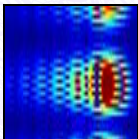
### Validate the methods on in vitro phantoms

- Spatial localisation test on a dedicated GABA/Ethanol *in vitro* phantom



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*This work was supported by CNRS ("SiqMu", PEPS-INSIS CNRS 2010 funding) and was carried out in close collaboration with P. Giraudeau and S. Akoka (CEISAM laboratory, Université de Nantes)*



## Ultrafast localised 2D J-resolved Magnetic Resonance Spectroscopy

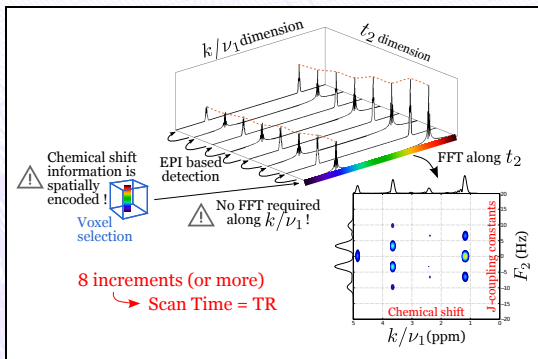


Fig. 22: Understanding ultrafast 2D J-resolved MRS

An ultrafast localised 2D J-resolved MRS experiment consists in :

- performing an ultrafast excitation that **spatially encodes the chemical shift information along one spatial dimension**
- performing an **EPI<sup>16</sup>-based detection to collect the ultrafast spectra for numerous  $t_1$  increments**
- Fourier transforming the data set following the  $t_1$  dimension

<sup>16</sup>Echo Planar Imaging

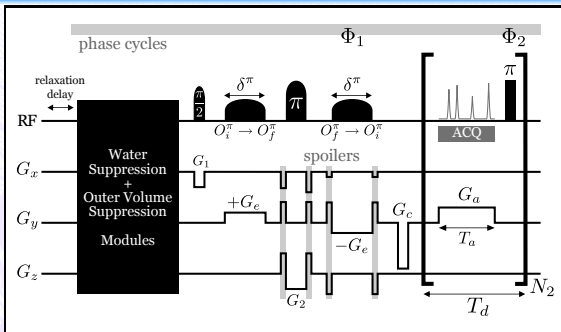


Fig. 23: ufJPRESS pulse sequence 3D localized 2D J-Resolved ultrafast MRS

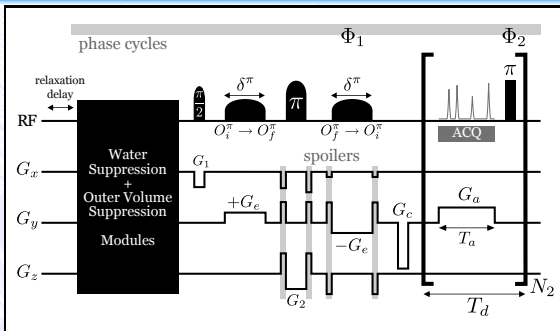


Fig. 23: ufJPRESS pulse sequence 3D localised 2D J-Resolved ultrafast MRS

ufJPRESS<sup>17</sup> : dedicated sequence to *in vivo* experiment

- 7T Bruker Biospec imaging system (small animal) running with Paravision 5.1
- Signal collected with a quadrature coil (transmit/receive, 32 mm, Rapid Biomed)
- Preparation : VAPOR module + OVS module

<sup>17</sup>UltraFast J-resolved Point Resolved Spectroscopy

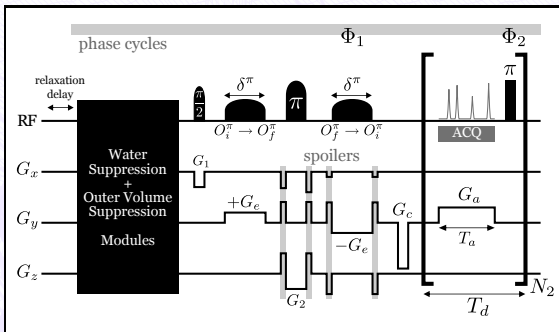


Fig. 24: ufJPRESS pulse sequence 3D localised 2D J-Resolved ultrafast MRS

### Ultrafast excitation scheme

- **PRESS localisation scheme** nested in a modified version of the **ultrafast excitation scheme** proposed by Pelupessy et al.<sup>18</sup>
- Original  $90^\circ$  and  $180^\circ$  PRESS slice pulses applied during  $G_1$  and  $G_2$  gradients perform the **spatial selection in the first two dimensions**
- Adiabatic  $180^\circ$  chirp pulses applied during bipolar excitation gradients ( $\pm G_e$ ) **spatially encode the chemical shift information along the third spatial dimension**

<sup>18</sup>Pelupessy P et al, JACS, 125 :12345-12350, 2003

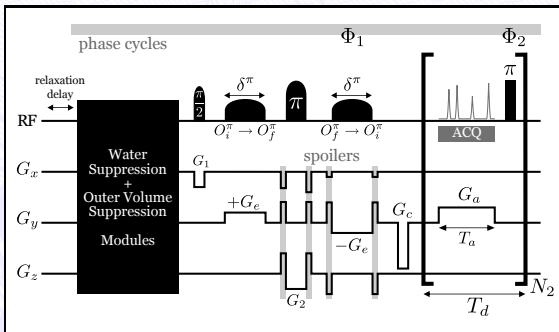


Fig. 25: ufJPRESS pulse sequence 3D localized 2D J-Resolved ultrafast MRS

### Detection scheme

- **EPI-based detection scheme**
- **EPI bipolar gradients** are replaced by a positive acquisition gradient  $G_a$  followed by a  $180^\circ$  refocussing pulse<sup>19</sup>
- Preceded by a "shifting" gradient  $G_c$  to adjust the position of the spectral window
- Spectral resolution following the conventional dimension ( $F_1$ ) depends in inverse proportion on the detection scheme duration  $T_d$

<sup>19</sup>Giraudeau P et al, JPBA, 43 :1243-1248, 2007

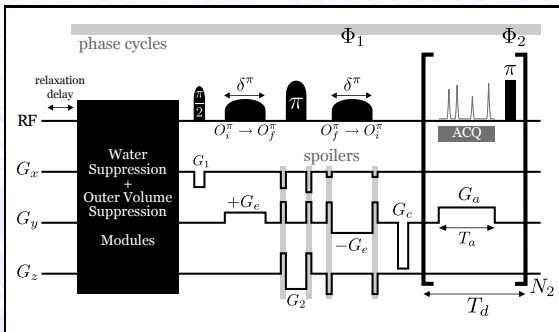


Fig. 26: ufJPRESS pulse sequence 3D localized 2D J-Resolved ultrafast MRS

### Phase cycles

- $\phi_1$  [ $+x,+y$ ] phase cycle that reduces constant undesired signals ( $F_1=0$  Hz)
- $\phi_2$  [ $+y,+y,-y,-y$ ] phase cycle that compensates imperfections of the  $180^\circ$  hard pulse (spurious stimulated echoes)
- $\phi_1$  phase cycle requires a minimum number of 2 accumulations

## Method

- Highly concentrated ethanol solution (70% w/w in water)
- Signal collected from a 8 mm × 8 mm × 8 mm voxel
- Ultrafast excitation duration  $T_e = 2\tau\pi$  optimisation
- Chirp pulse calibration using a spin-echo based sequence

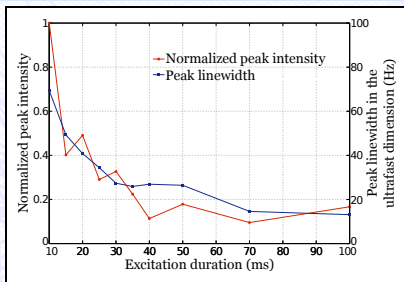


Fig. 27:  $CH_3$  peak intensity and peak linewidths in the ultrafast dimension according to excitation duration ( $T_e$ )

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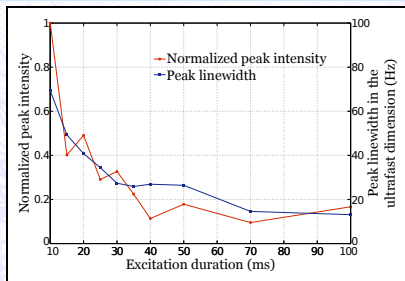


Fig. 27:  $CH_3$  peak intensity and peak linewidths in the ultrafast dimension according to excitation duration ( $T_e$ )

## Results

- Signal-to-Noise (S/N) ratio strongly decreases according to  $T_e^{20}$
- Ultrafast spectral resolution increases according to  $T_e$
- **Good compromise is reached for  $T_e = 30$  ms**



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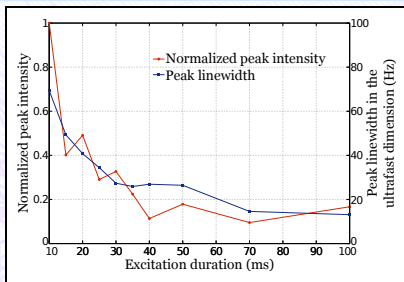


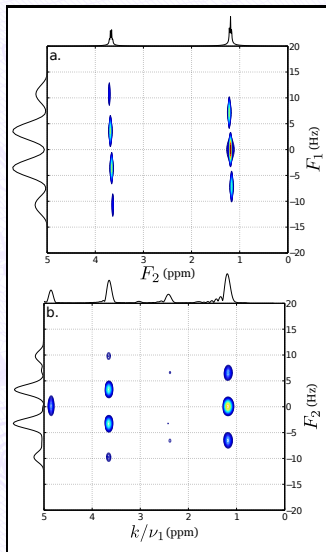
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- **Good compromise is reached for  $T_e = 30$  ms**

## Limitations

- Short excitation duration  $T_e$  requires **high RF power** for chirp pulses
- Long excitation duration  $T_e$  requires **high gradient strength** for  $G_a$



### Method

- Concentrated ethanol solution (10% w/w in water)
- Signal collected from a 8 mm × 8 mm × 8 mm voxel
- Conventional and ultrafast 2D J-resolved experiments were performed with  $n_1=128$  following  $t_1$  dimension

Fig. 28: Tilted conventional (a) and ultrafast (b) localised 2D J-resolved spectra

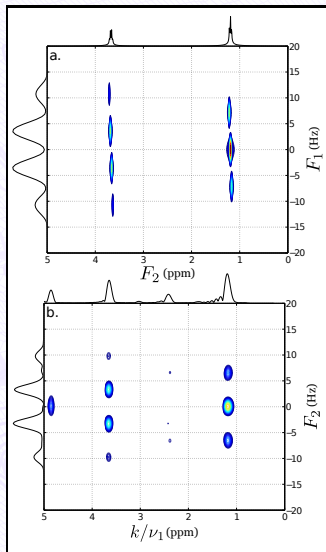


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	Ultrafast	Conventional
$F_2$ dimension	17.0 Hz	1.9 Hz
$F_1$ dimension	2.3 Hz	1.3 Hz
Scan time	20 s	21 mins

Tab. 1:  $CH_3$  peak linewidths and scan time comparison between ultrafast and conventional 2D J-resolved MRS experiments

### Observation

The chemical shifts and the J coupling values of both spectra are in good agreement with literature data

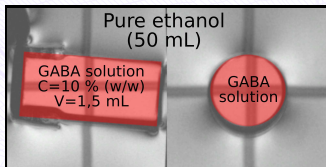


Fig. 29: Sagittal and axial images of the  $\gamma$ -Aminobutyric acid (GABA) *in vitro* phantom (FLASH, TE/TR = 5.4/100 ms)

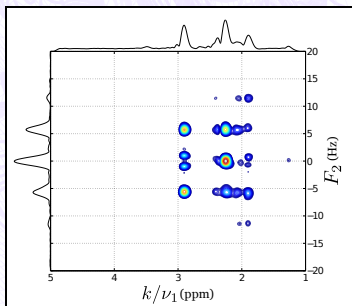


Fig. 30: 3D localised 2D ultrafast J-resolved spectrum of GABA

## Method

- Purpose-built phantom for localisation tests : 1.5 mL tube containing a  $\gamma$ -Aminobutyric acid (GABA) solution (10% w/w in water) placed at the center of a 50 mL tube of **pure ethanol**
- Signal collected from a 5 mm x 5 mm x 5 mm voxel placed in the GABA solution
- 3 mm Outer Volume Saturation (OVS) bands with a 0.5 mm gap to voxel
- Number of Accumulations (NA) = 16 resulting in a 2 min 40 s scan time

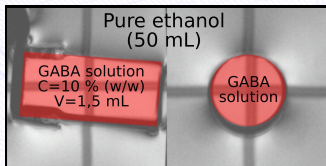


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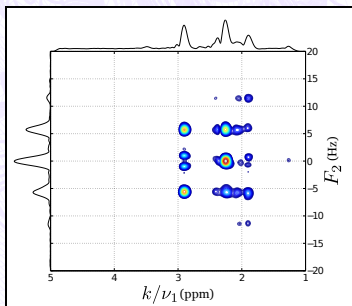


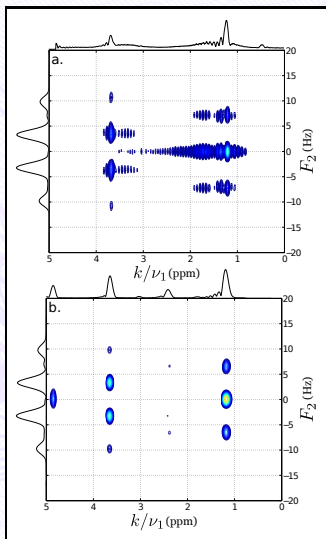
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## Efficient 3D localisation

Very low intensity ethanol peaks (at 1.19 and 3.67 ppm) were reported



**Fig. 31:** Raw (a) and post-processed (b) ultrafast 2D J-resolved spectra of a highly concentrated ethanol solution (70% w/w in water)

### Ultrafast artefacts

- Raw ultrafast spectra present **asymmetric sinc wiggles** around peaks of interest
- These wiggles are **inherent to ultrafast MR experiment**

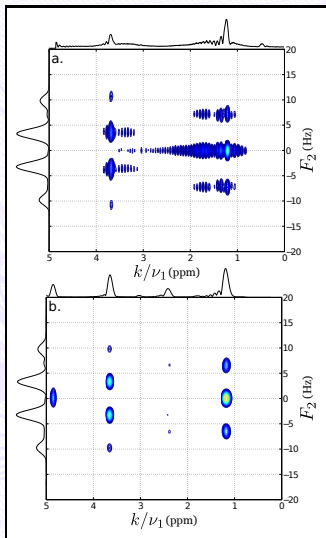


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### Automatic post-processing procedure

- Based on spatial apodization
- The optimal apodization window width is automatically estimated in order to improve S/N ratio without decreasing spectral resolution
- The "apparent" S/N ratio is usually **2.5 times higher** while linewidth increases by only 2 Hz

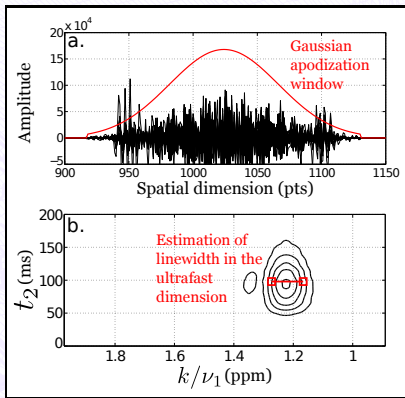


Fig. 32: Inverse Fourier transformed ultrafast signals apodised in the spatial dimension with an optimised gaussian window (a) and the corresponding  $CH_3$  2D peak in the  $F_2t_1$  plan where linewidth estimation is performed (b)

### Ultrafast artefacts

- Raw ultrafast spectra present asymmetric *sinc* wiggles around peaks of interest
- These wiggles are inherent to ultrafast MR experiment<sup>21</sup>

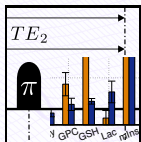
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<sup>21</sup>Shapira B et al, JMR, 166 :152-163, 2004

<sup>22</sup>Giraudeau P et al, MRC, 49 :307-313, 2011





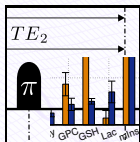
## Quantitative conventional 2D MRS

- 2D J-PRESS WISH : a new localised 2D MRS sequence
- NEMESIS : a novel complex time domain quantification procedure
- CRISO : an algorithm for sampling optimisation

<sup>23</sup>Tkác I et al, MRM, 41 :649-656, 1999

<sup>24</sup>Roussel T et al, JMR, 215 :50-55, 2012

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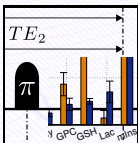
## Perspectives

- 2D J-PRESS WISH : ultra short TE acquisition<sup>23</sup>
- CRISO : integration of NA accumulation handling
- NEMESIS : regularisation terms

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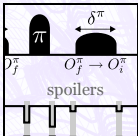


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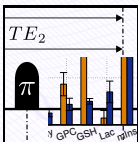
## Ultrafast 2D MRS

- ufJPRESS : First 3D localised 2D J-resolved ultrafast MRS sequence
- Feasibility stage shows good quality for *in vitro* spectra<sup>24 25</sup>

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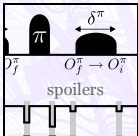


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- Feasibility stage shows good quality for *in vitro* spectra<sup>24 25</sup>

## Perspectives

- Great potential as it could be combined to high SNR spectroscopy applications
- Optimised trajectory in the plan  $(k/\nu_1, F_2)$  during detection
- Ultrafast spectroscopic imaging

<sup>23</sup>Tkác I et al, MRM, 41 :649-656, 1999

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## Publications

- **1 first-author article** : 3D localised 2D ultrafast J-resolved magnetic resonance spectroscopy : *In vitro* study on a 7T imaging system, JMR, 215 :50-55, 2012
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## MRI facilities

- **4.7 T small animal Bruker Biospec MRI** : CREATIS, CPE, Villeurbanne
- **7 T small animal Bruker Biospec MRI** : ANIMAGE, CERMEP, Bron
- **Bruker pulse programming course**, Ettlingen, Germany

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## Computer calculation facilities

CREATIS **computer cluster** for Monte Carlo studies



**Thank you for  
your attention !**

